## **Ashford of Beavercreek** IL/AL





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy Birthday!  Susan G. – 10/01  Carmen D. – 10/07  Carol P. – 10/08  Jeanie S. – 10/10  Jim F. – 10/13  Louise D. – 10/24  Sandi K. – 10/25		Conversation 10:30 Noodle Exercise 1:30 Let's Play 2:30 S'mores 3:30 Music and	9:30 Coffee and Current Events 10:30 Bible Study Group 1:30 Fleetwood Mac Cardio 2:30 Caring Companions: Painting Pumpkins 3:30 Bingo 6:30 Cards w/ Friends	10:15 Store Trip - Kroger 12:30 Movie and Popcorn: Death Becomes Her 2:30 Let's Play Apples to Apples	10:30 Puzzles 1:00 Resident Bible Study
9:30 Coffee and Music 10:30 1:00 Be Hope Virtual Church Service 2:30 Let's Play Monopoly 3:00 St. Luke's Mass 6:30 Cards w/ Friends	Conversation 11:00 Monday Movement w/ TCT 1:30 Sip and Paint: Pumpkin Scene 2:30 Let's Play Yahtzee 3:00 Music and Manicures	Puzzles 10:30 Chair Volleyball 1:30 30 Min Seated Exercise: Strength Training 2:30 Culinary Chaos: Spooky Floats	Conversation 10:30 Noodle Exercise 1:00 Hollywood Casino Outing 2:30 Let's Play Trivial Pursuit 3:30 Music and Manicures 6:30 Rummikub	9 9:30 Coffee and Current Events	10:15 Store Trip - Walmart 12:30 Movie and Popcorn: Jaws 2:30 Halloween Bingo 3:00 Happy Hour and Karaoke 6:30 Rummikub	9:30 Coffee and Conversation 10:30 Puzzles 1:00 Glenn Bowles Live Performance 1:00 Resident Bible Study 2:30 Mexican Train Dominoes 6:30 Rummikub

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Coffee and Music 10:30 1:00 Be Hope Virtual Church Service 2:30 Let's Play Sorry! 3:00 St. Luke's Mass 6:30 Cards w/ Friends	9:30 Coffee and Conversation 11:00 Monday Movement w/ TCT 1:30 Ice Cream 2:30 Glue Ghost Craft 3:00 Music and Manicures 6:30 Rummikub	9:30 Coffee and Word Puzzles 10:30 30 Min Seated Exercise: 50s Themed Music 1:30 Presentation by The Greene County Library! 2:30 Cornhole 3:30 Bingo 6:30 Cards w/ Friends	9:30 Coffee and Conversation 10:30 Noodle Exercise	9:30 Coffee and Current Events 10:30 30 Min HIIT Fat Burn and Build Strength 1:30 Bob For Apples Challenge	12:30 Movie and Popcorn: 2:30 Pie in the Face Results! 3:00 Happy Hour 6:30 Rummikub	9:30 Coffee and Conversation 10:30 Puzzles 1:00 Resident Bible Study 2:30 Mexican Train Dominoes 6:30 Rummikub
9:30 Coffee and Music 10:30 1:00 Be Hope Virtual Church Service 2:30 Let's Play Monopoly 3:00 St. Luke's Mass 6:30 Cards w/ Friends	Deacon Richard Simpson 11:00 Monday Movement w/ TCT 1:30 Let's Play Trivial Pursuit 2:30 Leaf Peeping at	9:30 Coffee and Word Puzzles 10:30 Chair Volleyball 1:30 30 Min Seated Exercise: Full Body Seated Exercise 2:30 Culinary Chaos: Buckeyes w/ Gretchen 3:30 Bingo 6:30 Cards w/ Friends	Manicures		9:30 Coffee and Music 10:15 Store Trip - Kroger 12:30 Movie and Popcorn: E.T. 2:30 Halloween Bingo 3:00 Happy Hour and Karaoke 6:30 Rummikub	9:30 Coffee and Conversation 10:30 Puzzles 1:00 Resident Bible Study 2:30 Mexican Train Dominoes 6:30 Rummikub
10:30 Coffee and Music 1:00 Be Hope Virtual Church Service 2:30 Beavercreek Community Theater Outing 3:00 St. Luke's Mass 6:30 Cards w/ Friends	9:30 Coffee and Conversation 11:00 Monday Movement w/ TCT 1:30 Treat bags for Trunk or Treat Craft 2:30 Let's Play Scrabble 3:00 Music and Manicures 6:30 Rummikub	9:30 Coffee and Word Puzzles 10:30 30 Min Seated Exercise: Seated Cardio 1:30 Greene County Library Pick Up and Drop Off 2:30 Cups! Game 3:30 Bingo 6:30 Cards w/ Friends	9:30 Coffee and Conversation 10:30 Noodle Exercise 1:30 Candy Bag Prep 2:30 Let's Play Uno 4-6 Trunk or Treat at The Ashford!	Current Events 10:30 30 Min Chair Yoga for Pain Relief 1:30 Let's Play Yahtzee 2:30 Caring Companions:	9:30 Coffee and Music 10:15 Store Trip - Walmart 12:30 Movie and Popcorn: 2:30 Pumpkin Smashing! 3:00 Halloween Happy Hour 6:30 Rummikub	

## October 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy Birthday!!  Susan S. – 10/14  Terri M. – 10/17		9:30 Coffee and Conversation 10:00 Seated Exercise: Fleetwood Mac Cardio 11:00 S'mores Snack 3:00 Music Connection Group Activity 4:00 Ball Toss	w/ Lorelei 1:00 Nerf Gun Target Practice 2:30 Caring Companions Group Activity: Painting Pumpkins 4:00 Coloring/	Exercise: Strength Training 1:00 Happy Hour 2:00 Halloween Bingo 4:00 Newspaper Races	Conversation 10:00 20 Min Chair Yoga 11:00 Calming Colorin 12:30 Duck Target
9:30 Coffee and Hymns 10:00 Ball Toss 11:00 Manicures 12:30 Music from the 60's 1:00 Be Hope - Church Service 2:00 Balloon Volleyball 3:00 St. Luke Mass 4:00 Patio & Music	2:00 Target Practice	7 9:30 Coffee and Stretching 11:00 30 Min Seated Exercise 50s Themed Music 1:00 Spooky Float Snack 2:00 Balloon Volleyball 4:00 Armchair Travel	9:30 Coffee and Conversation 10:00 Noodle Exercise w/ Lorelei 12:00 Ball Toss 1:30 Movie: E.T 3:30 Balloon Boxing	9 9:30 Coffee and Thankful Thursday 10:00 30 Minute HIIT Fat Burn and Build Strength 1:00 Nerf Gun Target Practice 2:30 Caring Companions Group Activity: Halloween Style Chex Mix 4:00 Coloring	Exercise: Full Body 1:00 Happy Hour 2:00 Scrapbooking 4:00 Newspaper Races	Conversation 10:00 Seated Exercise 11:00 Calming Colorin 12:30 Duck Target

11:00 Manicures 12:30 Music from the 60's 1:00 Be Hope - Church Service 2:00 Balloon Volleyball	10:00 Target Practice 11:00 Monday Manicures 1:00 Monday Movement w/ TCT 2:00 Ghost Blowing	Stretching 11:00 30 Min Back and Core Seated Exercise 1:00 Penny Pitching Game 2:00 Halloween Word	Conversation 10:00 Noodle Exercise w/ Lorelei 11:00 Ball Toss <b>2:00 Flower</b> <b>Arranging with Cinder</b> 4:00 Group Walk	9:30 Coffee and Thankful Thursday 10:00 30 Min Seated Cardio 1:00 Nerf Gun Target Practice 2:30 Caring Companions Group Activity: Balloon Boxing 4:00 Coloring	Yoga for Pain Relief 1:00 Happy Hour 2:00 Halloween Bingo 4:00 Newspaper Races	Conversation 10:00 Group Walk 11:00 Calming Coloring 12:30 Duck Target
11:00 Manicures 12:30 Music from the 60's 1:00 Be Hope - Church	10:00 Target Practice 11:00 Monday Manicures 1:00 Monday Movement w/ TCT 4:00 Movie Night:	Stretching 11:00 30 Min Seated Exercise Strength Training 1:00 Halloween Seek	Conversation 10:00 Noodle Exercise w/ Lorelei 11:00 Ball Toss 1:00 Roasting Pumpkin Seeds	9:30 Coffee and Thankful Thursday 10:00 20 Min Chair Yoga 1:00 Nerf Gun Target Practice 2:30 Cornhole 4:00 Coloring	1:00 Happy Hour 2:00 Scrapbooking 4:00 Newspaper Races	Conversation 10:00 Group Walk 11:00 Calming Coloring 12:30 Duck Target
11:00 Manicures 12:30 Music from the 60's 1:00 Be Hope - Church Service 2:00 Balloon Volleyball	10:30 Leaf Peeping Outing 1:00 Monday Movement w/ TCT 2:00 Monday Manicures	Stretching 11:00 30 Min Back and Core Exercise 1:00 Bingo 2:00 Stuffing Halloween Bags 4:00 Armchair Travel	Conversation 10:00 30 Min Seated Cardio 11:00 Ball Toss 4-6p Trunk Or Treat at The Ashford!	30 9:30 Coffee and Thankful Thursday 10:00 30 Min 50s Themed Exercise 1:00 Nerf Gun Target Practice 2:30 Caring Companions Group Activity: Halloween Scavenger Hunt 4:00 Coloring	31 9:30 Coffee and Music 12:00 30 Min Chair Yoga For Pain Relief 1:00 Happy Hour 2:00 Scrapbooking 4:00 Newspaper Races	